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Lake Crabtree County Park

Triangle Triathlon
Swim Course
(750 meters)

Transition
Area

Finish

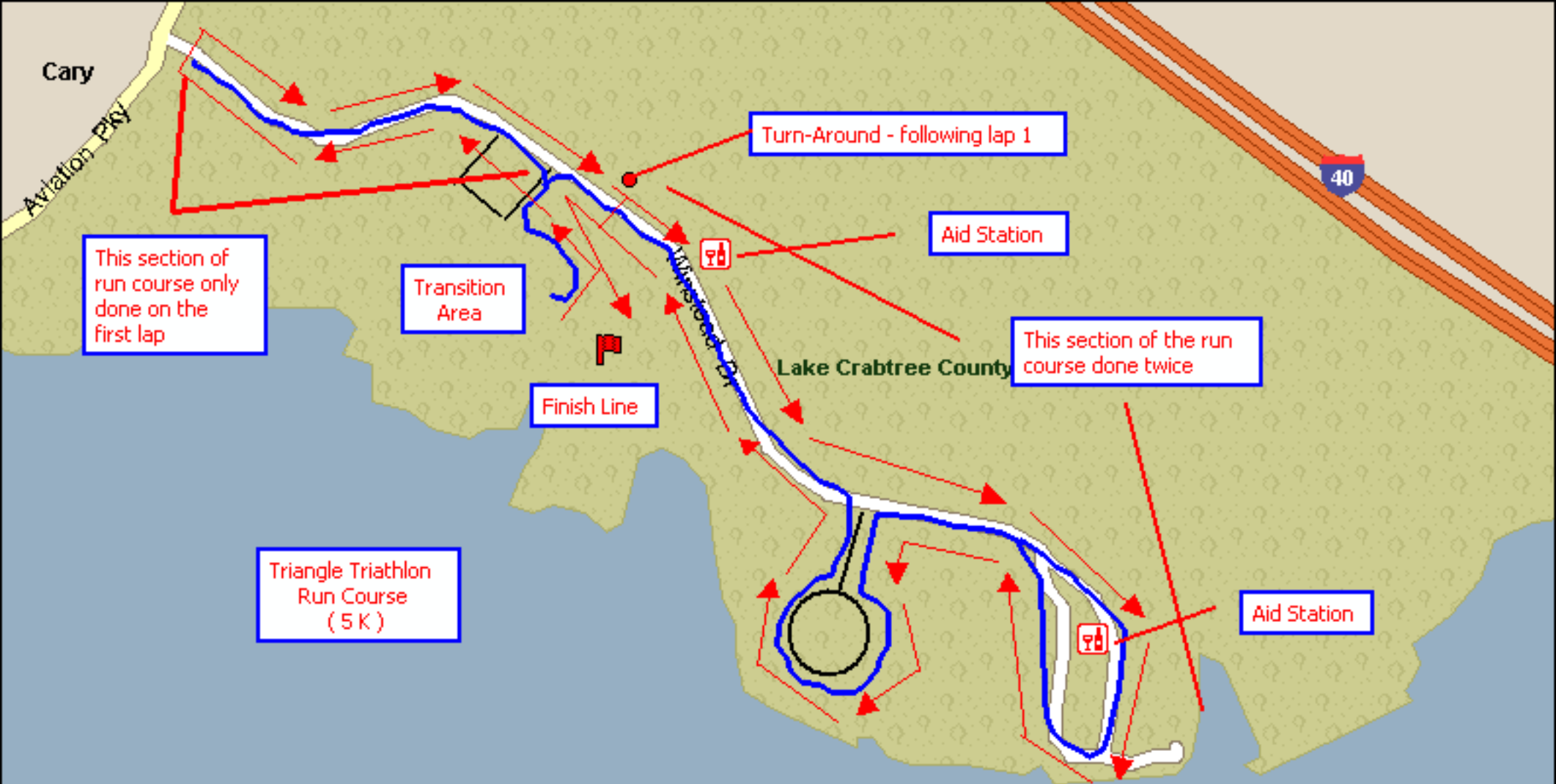
Start

Aviation Pkwy

Winstead Dr

Cary

Morrisville



Cary

Aviation Pkwy

40

Turn-Around - following lap 1

Aid Station

This section of run course only done on the first lap

Transition Area

This section of the run course done twice

Finish Line

Lake Crabtree County

Triangle Triathlon Run Course (5K)

Aid Station

