

SYMPTOM	COMMON COLD	SEASONAL FLU	H1N1 FLU
fever	rare	typically 101 degrees or higher	common
body aches	none to mild	yes	yes
cough	yes	dry, non-productive	dry, non-productive
sore throat	yes	yes	yes
runny or stuffy nose	yes, more than with the flu	yes	yes
headache	mild	yes	yes
chills	none to mild	possible	yes
fatigue	not typical	yes	yes
nausea, vomiting	no	sometimes in children	yes; diarrhea may also be present
contagious?	yes	from 1 day before symptoms appear to 1 day after symptoms end	from 1 day before symptoms appear to 1 day after symptoms end
vaccine available?	no	yes; Nasal vaccine with weakened virus for healthy people; injected vaccine for pregnant woman and those with underlying health issues	yes; Nasal vaccine with weakened virus for healthy people; injected vaccine for pregnant woman and those with underlying health issues
who is at risk?		pregnant women; health care providers; those over 65; those with chronic medical conditions such as asthma, diabetes, heart disease.	pregnant women; health care providers; ages 2-24; ages with underlying medical problems; those who live in care for infants