

Blue Cross and Blue Shield of North Carolina statement on mammogram recommendations:

For many years, BCBSNC has covered routine/preventive mammograms. BCBSNC's health benefit plans provide coverage for one baseline mammogram for females between the ages of 35 and 39. Beginning at age 40, one screening mammogram is covered per calendar year. More frequent or earlier mammograms will be covered as recommended by a doctor when a female member is considered at risk for breast cancer. That is our policy and BCBSNC has no plans to change the benefit in light of the recent panel recommendation.

Women should always discuss the appropriateness of various health screening tests with their personal physicians, based on their individual health histories. BCBSNC recognizes and respects the importance of the relationships between our members and their personal physicians in making these decisions.