

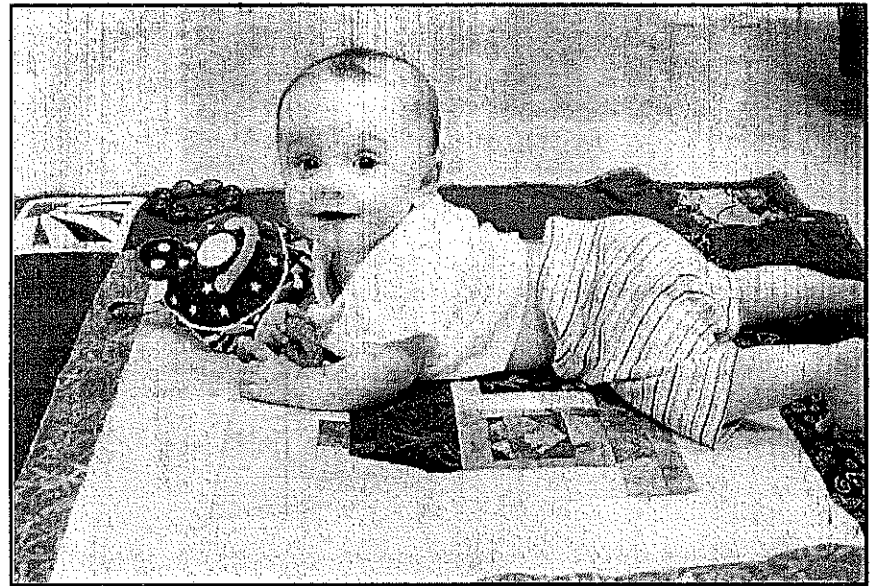
# Stomach to Play Rules

## Supervised “tummy time”

- When infant is awake
- On stomach
- One+ times a day

### *Reasons:*

- *builds strength*
- *supports motor development*
- *prevents flat head/bald spot*



CCC Rule .0511(d) and FCCH Rule .1718(a)(9)

