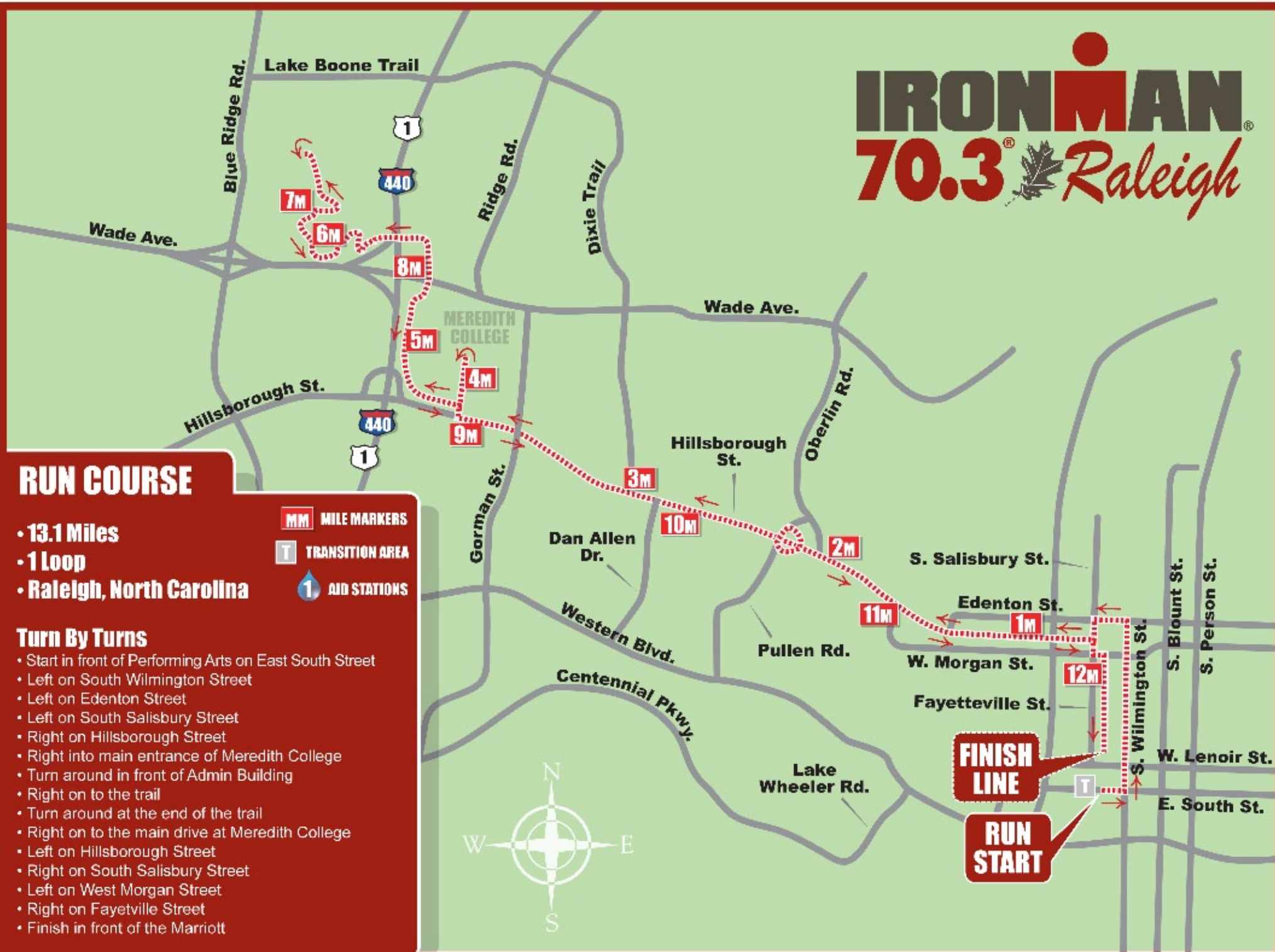


IRONMAN[®] 70.3[®] Raleigh



RUN COURSE

- 13.1 Miles
- 1 Loop
- Raleigh, North Carolina

- MM** MILE MARKERS
- T** TRANSITION AREA
- 1** AID STATIONS

Turn By Turns

- Start in front of Performing Arts on East South Street
- Left on South Wilmington Street
- Left on Edenton Street
- Left on South Salisbury Street
- Right on Hillsborough Street
- Right into main entrance of Meredith College
- Turn around in front of Admin Building
- Right on to the trail
- Turn around at the end of the trail
- Right on to the main drive at Meredith College
- Left on Hillsborough Street
- Right on South Salisbury Street
- Left on West Morgan Street
- Right on Fayetteville Street
- Finish in front of the Marriott